



# Refugee Well-Being & Adjustment Index

## Instructions for Using the Index

### ***Assessment Stages***

Complete this form for all clients at:

- Entry
- Six (6) months
- Twelve (12) months

### ***Respondents***

Respondents should only be an adult of the household (male or female). Respondents should answer for the entire household.

### ***Responses***

Always tick the highest number applicable, except in item four (4) where one should tick all that apply.

### ***Notes***

A notes section is provided to capture all protection concerns and other vital information.

### ***Confidentiality***

All information gathered is confidential.

### ***Protection***

If immediate protection concerns arise please follow up immediately with appropriate referrals.

# Refugee Well-Being & Adjustment Index



## 1. Matrix Summary

Intake Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Staff Name: \_\_\_\_\_ ( M / F )

Agency Name: \_\_\_\_\_

## 2. Client Information

Client ID: \_\_\_\_\_ Tag Number: \_\_\_\_ - \_\_\_\_ - \_\_\_\_\_ Nationality: \_\_\_\_\_

## 3. Well-Being and Adjustment Index

*Complete this form for all clients at: 1) entry and 2) and at follow-up visit at six months and twelve months.*

### Assessment Stage

Select one, and fill in day/month/year

Entry (\_\_\_\_/\_\_\_\_/\_\_\_\_)     6-Month Follow-up (\_\_\_\_/\_\_\_\_/\_\_\_\_)     12-month Follow-up (\_\_\_\_/\_\_\_\_/\_\_\_\_)

## 1. Income

- 1. No Income and no savings
- 2. No income but has savings
- 3. Has income and/or subsidy (cash transfer or remittances) but cannot meet all basic needs
- 4. Has income and can meet basic needs with subsidy (cash transfer or remittances)
- 5. Income is sufficient to meet basic needs; no subsidy

*Note the source.* **Notes:**

## 2. Employment

- 1. No Job
- 2. Temporary, irregular/seasonal
- 3. Regular part-time employment
- 4. Full-time employment
- 5. Full time employment; saving a portion of earnings

*Answer in the aggregate if at least one household member meets the criteria listed.*

*Note who in the household is working (child labor, exploitative) and the number of household members working.*

**Notes:**

### 3. Shelter

- 1. No shelter
- 2. Tent, unfinished building or inappropriate structure (not fit for purpose shelter)
- 3. Collective center/finished building but only marginally adequate
- 4. Apartment but not adequate size for household
- 5. Apartment of adequate size

*Note if temporary or if the household moves frequently; if there are any safety concerns at the shelter.*

**Notes:**

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### 4. Utilities *(check all that apply)*

- Cooking fuel/gas
- Electricity
- Running water
- Heat or ventilation
- Private toilet

*Note if no toilet is available. Notes:*

## 5. Food

- 1. Unable to meet nutritional needs
- 2. Household is on food vouchers or aid, unable to meet all nutritional needs
- 3. Receives food vouchers and can meet basic nutritional needs
- 4. Able to provide 2 meals a day without food assistance
- 5. Able to provide 3 meals a day without food assistance

*Nutritional needs refers to balanced diet of fruits, vegetables, dairy, grains and meats. Notes:*

## 6. Health Care

- 1. No health services available
- 2. Health services available but cannot access it
- 3. Has access to primary health services but cannot afford
- 4. Able to access to primary health services with or without subsidy
- 5. Able to access to primary and specialized health services with or without subsidy

*Health care here includes necessary pharmaceuticals; Access refers to physical access.*

*Note any barriers to access and any acute or chronic health issue or disability. Notes:*

## 7. Transportation/Mobility

- 1. No access to transportation, public or private
- 2. Transportation is available but unaffordable
- 3. Transportation is available and affordable but limited and/or inconvenient
- 4. Transportation is generally accessible to meet basic travel needs
- 5. Transportation is readily available and affordable

*Note any are transportation safety concerns, such as a family traveling on a scooter. Notes:*

## 8. Education

- 1. No eligible children attending school
- 2. Only children of one sex attend school (note below whether it is boys or girls)
- 3. Some but not all boys and girls attending school (if children are one sex, check the highest score)
- 4. All eligible children (boys and girls) of primary school age attending school
- 5. All eligible children (boys and girls) of primary and/or secondary school age attending school

*If children do not attend, note why. If the household has no children of school age, leave question blank. Notes:*

## 9. Community Involvement

- 1. Household has no community involvement
- 2. Limited community involvement of some household members (work, school)
- 3. All household members have limited community involvement
- 4. All household members have periodic community involvement
- 5. All household members have regular community involvement including with host community

*Community involvement refers to group activities and participation outside the household.*

*List the types of activities, if appropriate. **Notes:***

## 10. Safety

- 1. Male and female household members experiences harassment, feel unsafe in the neighborhood
- 2. Some household members feel unsafe in neighborhood and shelter (please note if it is males or females in the notes section)
- 3. Some household members feel safe in shelter but unsafe in neighborhood and frequently restrict movement (please note if it is male or females in the notes section)
- 4. Usually feels safe; Household members may restrict movement but only at certain times
- 5. Safety is not a concern; Household members move about freely

*Harassment includes verbal abuse and discrimination.*

*Note the type of harassment by sex, and harassment by whom and targeting which sex. **Notes:***



### 11. Documentation/Residency Status

- 1. No members of the household have UNHCR/government registration or residence permit
- 2. Household members have started the UNHCR/government registration but do not have documentation and do not have residence permit, if necessary
- 3. Some families members have UNHCR/government registration but do not have residence permits, if necessary
- 4. All family member have UNHCR/government registration and some family members over the age of 15 have residence permits, if necessary
- 5. All family members have legal documentation to remain in the country (residence permit, visa, and/or UNHCR documentation)

**Notes:**

### 12. Well-being

- 1. Household feels hopeless about their situation and their future
- 2. Household frequently feels negative about the future
- 3. Household feels neither positive or negative their future
- 4. Household feels somewhat optimistic about the future
- 5. Household feels optimistic about their future

*This question is meant to capture well-being based on perception as self-reported at the household level.*

**Notes:**